

Residential Autonomy and Independence Checklist

these are exploratory questions to help a provider assess if the setting has HCBS required characteristics

42 CFR 441.301(c)(4)(iv)/ 441.710(a)(1)(iv)/441.530(a)(1)(iv)

1. The individual chooses and controls a schedule that meets their wishes in accordance with a person-centered plan.

- ✓ How is it made clear that the individual is not required to adhere to a set schedule for waking, bathing, eating, exercising, activities, etc.?
- ✓ Does the individual's schedule vary from others in the same setting?
- ✓ Does the individual have access to such things as a television, radio, and leisure activities that interest them, and can they schedule activities at their convenience?

2. The individual controls their personal resources.

- ✓ Does the individual have a checking or savings account or other means to control their funds?
- ✓ Does the individual have access to their funds?
- ✓ How is it made clear that the individual is not required to sign over their paychecks or other source (s) of income to the provider?

3. The individual chooses when and what to eat.

- ✓ Is the individual able to have meals at the time and place of their choosing?
- ✓ Can the individual request an alternative meal if desired?
- ✓ Are snacks accessible and available anytime?
- ✓ Does the dining area afford dignity to individuals not required to wear bibs or use disposable cutlery, plates and cups?

4. The individual chooses with whom to eat or to eat alone.

- ✓ Is the individual required to sit at an assigned seat during meals?
- ✓ Does the individual converse with others during meal times?
- ✓ If the individual desires to eat privately, can they do so?

5. Individual choices are incorporated into the services and supports received.

- ✓ Do Staff ask the individual about their needs and preferences?
- ✓ Are individuals aware of how to make a service request?
- ✓ Does the individual express satisfaction with the services being received?
- ✓ Are requests for services and supports accommodated as opposed to ignored or denied?
- ✓ Is individual choice facilitated in a manner that leaves the individual feeling empowered to make decisions?

6. The individual has unrestricted access in the setting.

- ✓ Are there gates, Velcro strips, locked doors, or other barriers preventing individual's entrance to or exit from certain areas of the setting?

